

Congressman Alan Lowenthal
 Young Women's Empowerment Conference
 CSULB Student Union
 February 21, 2015
 8:30 am-2:30 pm



Session Selection Sheet

NAME _____

SCHOOL _____

| Session Name | First Session | | Second Session | | Third Session | |
|---|---------------|---------------|----------------|---------------|---------------|---------------|
| | 9:30-10:15 | | 10:30-11:15 | | 11:30-12:15 | |
| | First Choice | Second Choice | First Choice | Second Choice | First Choice | Second Choice |
| First Session | | | | | | |
| READY, SET, GO!... <i>Preparing for college</i> | | | | | | |
| LIFE AFTER HIGH SCHOOL... <i>Choices, challenges, changes</i> | | | | | | |
| YOU AND YOUR PROFILE, "SNAPSHOTS" TO YOUR FUTURE... <i>the importance of what you say on social media</i> | | | | | | |
| RUN FOR OFFICE, BE A LEADER... <i>And make a difference</i> | | | | | | |
| FINANCIAL DOLLARS AND SENSE... <i>Making it on your own</i> | | | | | | |
| PROTECT OUR ENVIRONMENT... <i>And have a "green" career</i> | | | | | | |
| HEALTHY BODY, HEALTHY MIND... <i>Taking Care of yourself</i> | | | | | | |
| Second Session | | | | | | |
| READY, SET, GO!... <i>Preparing for college</i> | | | | | | |
| LIFE AFTER HIGH SCHOOL... <i>Choices, challenges, changes</i> | | | | | | |
| YOU AND YOUR PROFILE, "SNAPSHOTS" TO YOUR FUTURE... <i>the importance of what you say on social media</i> | | | | | | |
| BUILDING BRIDGES... <i>To safe and healthy relationships</i> | | | | | | |
| HOW TO BE YOUR PERSONAL BEST... <i>Recognize your strengths and where they lead</i> | | | | | | |
| STEM FOR WOMEN... <i>Consider the options</i> | | | | | | |
| LAW & ORDER... <i>exploring careers in the justice system</i> | | | | | | |
| Third Session | | | | | | |
| THE ROAD I TRAVELED, GLAD I MADE THE TRIP... <i>One woman's journey to her career</i> | | | | | | |
| EXPLORING YOUR IDENTITY... <i>Who you are</i> | | | | | | |
| INTRODUCTION TO NON-TRADITIONAL CAREERS | | | | | | |
| CREATING YOUR PERSONAL COMMUNITY... <i>Who's in your crew</i> | | | | | | |
| CLAIM YOUR SPACE IN LIFE, MAKE SURE YOUR VOICE IS HEARD... <i>Show how valuable you are</i> | | | | | | |
| WORKFORCE DEVELOPMENT... <i>Get ready for your career</i> | | | | | | |
| CIVIC ENGAGEMENT... <i>Getting involved in your community</i> | | | | | | |

Please have students select **two** choices for each session. Every effort will be made to give students their first choice.

Students who do not indicate their selections will be placed in sessions according to availability.